

**Sample Menu
PRO Classic II
Professional River Outfitters, Inc.**

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Start of Trip

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)
Served with: Assorted Wheat & Rye Bread
Pickles
PB & J Fixins
Assorted Cookies

Camp 1

Dinner: Rib Eye Steaks
Served with: Crackers & Specialty Cheeses
Fresh Vegetable - Russet Potatoes
Blue Cheese Slaw

Breakfast: Bagels & Cream Cheese
Served with: Lox, Capers, & Red Onion

Lunch: Guacamole
Served with: Flour Tortillas
Black Olives
Nuts (Mixed)
Chicken Fajita Meat - Fully Cooked

Camp 2

Dinner: Fresh Stir Fry
Served with: Cucumber Salad
Stir Fry Sauce
Basmati Rice
Pork Strips
Ginger Snaps

Breakfast: Pancakes
Served with: Maple Syrup
Ham for Breakfast

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)
Served with: Assorted Wheat & Rye Bread
Relish Combo
Assorted Granola Bars

Camp 3

Dinner: Halibut Steaks
Served with: Spinach Artichoke Dip
Rice Pilaf
Fresh Vegetable - Broccoli
Carrot Cake w/ Cream Cheese Frosting

Breakfast: Omelets w/ Assorted Fillings
Served with: Sausage Links

Lunch: Bean Taco Salad
Served with: Salty Mix
Cookies - Fig Newtons

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Camp 4

Dinner: Burgers w/ the Works

Served with: Beef Patties
Red Potato Salad
Coleslaw (Traditional)
Peach Cobbler

Breakfast: Granola

Served with: Yogurt

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)

Served with: Assorted Wheat & Rye Bread
Green Olives
Trail Mix

Camp 5

Dinner: Pasta & Sauce - Marinara

Served with: Olive Tapenade, Cream Cheese, & Crackers
Garlic Bread
Italian Sausage
Spaghetti
Greek Salad

Breakfast: Eggs to Order

Served with: Sausage Links
Toast

Lunch: Tuna Salad

Served with: Assorted Wheat & Rye Bread
Pub Mix
M&M's (Peanut & Plain)

Camp 6

Dinner: Chicken Breasts

Served with: Lemon Pepper Sauce
Pesto Sauce
Fettuccine
Garden Salad
No-Bake Chocolate Mousse Pie

Breakfast: Pancakes

Served with: Blueberries
Maple Syrup
Ham for Breakfast

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)

Served with: Assorted Wheat & Rye Bread
Pringles
Assorted Cookies

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Camp 7

Dinner: Fajitas

Served with: Tort. Chips w/ Salsa & Pre-Made Guac
Chicken Strips w/ Fajita Marinade
Refried Beans

Breakfast: Fried Egg Sandwiches

Served with: Canadian Bacon

Lunch: Hummus Spread

Served with: Pita Flatbread
Greek Olives
Beef Jerky

Camp 8

Dinner: Lamb Chops

Served with: Fresh Vegetable - Red Potatoes
Fresh Vegetable - Yellow Squash
Devil's Food Cake w/ Vanilla Frosting

Breakfast: Assorted Hot Cereals

Served with: Raisins
Walnuts
Bagels & Cream Cheese

Lunch: Cold Cuts (Turkey, Ham, Roast Beef)

Served with: Assorted Wheat & Rye Bread
Relish Combo
Assorted Cookies

Camp 9

Dinner: Burritos

Served with: Crackers, Cream Cheese, & Pepper Jelly
Ground Beef
Spanish Rice
Jicama Cucumber Salad

Breakfast: Huevos Rancheros

Served with: Sausage Links

Lunch: Chicken Salad

Served with: Assorted Wraps
Nutella
Pretzels

Camp 10

Dinner: Sides, Appetizers, & Desserts

Hot Dogs w/ Relish & Onions

Burgers w/ the Works

Sides, Appetizers, & Desserts:

Served with: Baked Beans
S'Mores!

Breakfast: Assorted Cold Cereals

Served with: English Muffins

Lunch: Bean Taco Salad

Served with: Black Olives
Wasabi Peas

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Camp 11

Dinner: **Pork Loin Chops w/ Apple Sauce**
Served with: Triscuits, Cream Cheese, & Shrimp
Herb Stuffing
Canned Vegetable - Green Beans

Breakfast: **Breakfast Burritos**
Served with: Bacon

Lunch: **Muffuletta Sandwiches**
Served with: Assorted Cookies

Camp 12

Dinner: **Enchilada Style Tamales - Pork & Chicken**
Served with: Fresh Veggies & Ranch Dressing
Black Beans (Refried)
No-Bake Cheesecake
Strawberry Pie Filling

Breakfast: **Eggs to Order**
Served with: Toast

Lunch: **Tabouli Salad**
Served with: Artichoke Hearts
Trail Mix

Camp 13

Dinner: **Pasta & Sauce - Alfredo Sauce**
Served with: Garden Salad
Canned Crab
Canned Shrimp
Linguine
Caramel Apples

Breakfast: **Pancakes**
Served with: Maple Syrup
Bacon

Lunch: **Salmon Salad**
Served with: Assorted Wheat & Rye Bread
Dried Fruit (Mixed)
Butter Toffee Mixed Nuts

Camp 14

Dinner: **Indian Golden Curry Stew**
Served with: Hummus, Carrots, Dolmas, & Greek Olives
Basmati Rice
Canned Chicken

Breakfast: **French Toast**
Served with: Maple Syrup
Bacon

Lunch: **Salami & Cheese**
Served with: Triscuit Crackers
Assorted Cookies

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Camp 15

Dinner: **Corn Chowder**

Served with: Dinner Rolls
Three Bean Salad
Pepperidge Farm Dessert Cookies

Breakfast: **Assorted Cold Cereals**

Lunch: **Tuna Salad**

Served with: Assorted Wheat & Rye Bread
Pringles
Assorted Candy Bars

Camp 16

Dinner: **Late Trip Stir Fry**

Served with: Lemony Oysters, Triscuits, & Cream Cheese
Apple & Mandarin Orange Salad
Kaibab Curry Stir Fry Sauce
White Rice

Breakfast: **Pancakes**

Served with: Maple Syrup

Lunch: **Peanut Butter, Jelly, & Honey**

Served with: Assorted Wheat & Rye Bread
Nuts (Mixed)
M&M's (Peanut & Plain)

Camp 17

Dinner: **Jambalaya**

Served with: Popcorn & Butter
White Rice
Coleslaw with Carrot, Raisin, Pineapple

Breakfast: **Assorted Cold Cereals**

Lunch: **Pasta Salad**

Served with: Assorted Candy Bars

Camp 18

Dinner: **Veggie Chili**

Served with: Chile Corn Bread
Boatman's Cheesecake

Breakfast: **Granola**

Served with: Oatmeal (Instant Packets)

Lunch: **Egg Salad**

Served with: Assorted Wheat & Rye Bread
Salty Mix

Camp 19

Dinner: **Veggie Pot Pie**

Served with: Crackers, Sardines, & Kipper Snacks
Canned Chicken

Breakfast: **Eggs to Order**

Served with: Toast

Lunch: **Marinated Veggie Salad**

Served with: Triscuit Crackers
Butter Toffee Mixed Nuts

Professional River Outfitters, Inc.

Camp 20

Dinner: **Black Beans and Rice w/ Quesadillas**

Served with: Canned Chicken
After Dinner Mints

Breakfast: **Assorted Cold Cereals**

Lunch: **Hummus Spread**

Served with: Triscuit Crackers
Beef Jerky
Green Olives

Camp 21

Dinner: **Veggie Noodle Soup**

Served with: Canned Chicken
Hard Candy (Assorted)

Breakfast: **Oatmeal (Packets)**

Served with: Dried Fruit (Mixed)

Lunch: **Pasta Salad**

Served with: Clif Bars
Summer Sausage

Camp 22

Dinner: **Tomato Soup & Grilled Cheese Sandwiches**

Served with: Pringles Chips & Onion Dip
Fruit Cocktail

Breakfast: **Granola**

Lunch: **Chicken Salad**

Served with: Assorted Wraps
Pub Mix

Camp 23

Dinner: **Green Chile Stew w/ Torts & Cheese**

Served with: Queso Dip w/ Tortilla Chips
Black Bean Salad
Mint Cookies

Breakfast: **Assorted Hot Cereals**

Served with: Raisins
Walnuts

Lunch: **Peanut Butter, Jelly, & Honey**

Served with: Assorted Wheat & Rye Bread
Luna Bars

Camp 24

Dinner: **Macaroni & Cheese**

Served with: Bacon
Canned Vegetable - Peas

Breakfast: **Assorted Cold Cereals**
