

2011 Sample Menu
PRO Classic II
Professional River Outfitters, Inc.

Day 1

Lunch: **Cold Cuts (turkey, ham, roast beef)**

Served with: Assorted Cookies
Pickles
Assorted Wheat and Rye Bread
PB & J Fixins

Dinner: **Rib Eye Steaks**

Served with: Crackers and Specialty Cheeses
Fresh Vegetable - Russet Potatoes
Blue Cheese Slaw

Day 2

Breakfast: **Bagels and Cream Cheese**

Served with: Lox, Capers & Red Onion

Lunch: **Guacamole**

Served with: Flour Tortillas
Black Olives
Nuts: Mixed

Dinner: **Fresh Stir Fry**

Served with: Ginger Snaps
Cucumber Salad
Stir Fry Sauce
Basmati Rice
Pork Strips

Day 3

Breakfast: **Pancakes**

Served with: Maple Syrup
Ham for Breakfast

Lunch: **Cold Cuts (turkey, ham, roast beef)**

Served with: Condiment Combo
Assorted Wheat and Rye Bread
Assorted Granola Bars

Dinner: **Halibut Steaks**

Served with: Spinach Artichoke Dip
Rice Pilaf
Fresh Vegetable - Broccoli
Carrot Cake w/ Cream Cheese Frosting

Day 4

Breakfast: **Omelets with Assorted Fillings**

Served with: Sausage Links

Lunch: **Bean Taco Salad**

Served with: Salty Mix
Cookies (Fig Newtons)

Dinner: **Burgers with The Works**

Served with: Peach Cobbler
Red Potato Salad
Beef Patties
Coleslaw, Traditional

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Day 5

Breakfast: **Granola**
 Served with: Yogurt

Lunch: **Cold Cuts (turkey, ham, roast beef)**
 Served with: Green Olives
 Assorted Wheat and Rye Bread
 Trail Mix (Gorp)

Dinner: **Pasta and Sauce - Marinara**
 Served with: Olive Tapenade, Cream Cheese & Crackers
 Garlic Bread
 Italian Sausage
 Spaghetti
 Greek Salad

Day 6

Breakfast: **Eggs to Order**
 Served with: Toast
 Sausage Links

Lunch: **Tuna Salad**
 Served with: Assorted Wheat and Rye Bread
 Gardettos Snak'ens
 M&M's (peanut and plain)

Dinner: **Chicken**
 Served with: No Bake Chocolate Mousse Pie
 Lemon Pepper Sauce
 Pesto Sauce
 Fettuccine
 Spinach Salad

Day 7

Breakfast: **Pancakes**
 Served with: Blueberries
 Maple Syrup
 Ham for Breakfast

Lunch: **Cold Cuts (turkey, ham, roast beef)**
 Served with: Assorted Wheat and Rye Bread
 Pringles
 Assorted Cookies

Dinner: **Fajitas**
 Served with: Chicken Strips, Fajita Marinade
 Refried Beans
 Tort. Chips w/ Salsa & premade Guacamole

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Day 8

Breakfast: **Fried Egg Sandwiches**
Served with: Canadian Bacon

Lunch: **Hummus Spread**
Served with: Pita Pockets
Greek Olives
Beef Jerky

Dinner: **Lamb Chops**
Served with: Fresh Vegetable - Red Potatoes
Fresh Vegetable - Yellow Squash
Devil's Food Cake w/Vanilla Frosting

Day 9

Breakfast: **Assorted Hot Cereals**
Served with: Raisins
Walnuts
Bagels and Cream Cheese

Lunch: **Cold Cuts (turkey, ham, roast beef)**
Served with: Assorted Wheat and Rye Bread
Assorted Cookies
Condiment Combo

Dinner: **Burritos**
Served with: Ground Beef
Spanish Rice
Jicama Cucumber Salad
Crackers, Cream Cheese & Pepper Jelly

Day 10

Breakfast: **Huevos Rancheros**
Served with: Sausage Links

Lunch: **Chicken Salad**
Served with: Nutella
Pretzels
Assorted Wraps

Dinner: **Burgers with The Works****Hot Dogs with Relish and Onions**
Burgers with The Works:
Served with: S'Mores!
Baked Beans
Beef Patties
Hot Dogs with Relish and Onions:
Served with: Baked Beans
Hot Dogs
S'Mores!

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Day 11

Breakfast: Assorted Cold Cereals
Served with: English Muffins

Lunch: Bean Taco Salad
Served with: Black Olives
Wasabi Peas

Dinner: Pork Loin Chops with Apple Sauce
Served with: Herb Stuffing
Fresh Vegetable - Zucchini
Triscuits, Cream Cheese and Shrimp

Day 12

Breakfast: Breakfast Burritos
Served with: Bacon for Breakfast

Lunch: Muffuletta Sandwiches
Served with: Assorted Cookies

Dinner: Enchilada Style Tamales
Served with: No Bake Cheesecake
Cherry Filling
Instant Black Beans
Fresh Veggies & Ranch Dressing

Day 13

Breakfast: Eggs to Order
Served with: Toast

Lunch: Tabouli Salad
Served with: Artichoke Hearts
Trail Mix (Gorp)

Dinner: Pasta and Sauce - Alfredo Sauce
Served with: Garden Salad
Canned Crab
Canned Shrimp
Linguine
Caramel Apples

Day 14

Breakfast: Pancakes
Served with: Maple Syrup
Bacon for Breakfast

Lunch: Salmon Salad
Served with: Assorted Wheat and Rye Bread
Dried Fruit (mixed)
Honey Roasted Nuts

Dinner: Indian Golden Curry Stew
Served with: Basmati Rice
Canned Chicken
Hummus, Carrots, Dolmas & Greek Olives

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Day 15

Breakfast: French Toast

Served with: Maple Syrup
Bacon for Breakfast

Lunch: Salami and Cheese

Served with: Salami
Assorted Cookies
Triscuit Crackers

Dinner: Corn Chowder

Served with: Dinner Rolls
Three Bean Salad
Pepperidge Farm Dessert Cookies

Day 16

Breakfast: Assorted Cold Cereals